



Resident Psychotherapy Clinic

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Avera Behavioral Health Center

4400 W. 69th St., Suite 1500

Sioux Falls, SD 57108

(605) 322-5945



UNIVERSITY OF
SOUTH DAKOTA
SANFORD SCHOOL OF MEDICINE

Who We Are

The Resident Psychotherapy Clinic is staffed by advanced psychiatry residents who are receiving supervision and training in psychotherapy. Residents are supervised by a licensed clinical psychologist, Dr. Nancy Johnson. Ideal patients for this clinic are those with an identified issue to address and who are not in need of crisis service or hospitalization as clinic hours and resident availability are limited. Resident physicians will utilize cognitive behavioral, ACT, and supportive therapy modalities in their treatment of patients. As residents are in training, their sessions will be observed by Dr. Johnson. No fee is charged for psychotherapy sessions. The clinic is open from 2-5 pm on Wednesday afternoons only, so patients must be able to attend appointments during that block of time.



Appropriate Referrals:

1. Patients with an identified psychological problem to address in short-term therapy.
2. No history of chronic suicidality or hospitalization.
3. Motivated to engage in therapy.

How to Make a Referral:

1. The patient's nurse or doctor may call the clinic line at 605-322-5945.
2. Please leave a detailed message with the referral source's name and contact information, patient's name, date of birth, phone number, and a short description of their presenting problem and reason for referral.
3. If you are an Avera provider and would prefer to leave an email message, please email the clinic supervisor, Nancy Johnson, at Nancy.Johnson2@avera.org.
(NOTE: This option is not available for re-ferral sources who do not have an avera.org email address as confidentiality cannot be guaranteed outside of Avera's system)
4. Either a resident provider or the clinic supervisor will call the patient to complete a short screening survey and schedule the patient's first appointment.